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Ong SC, Lee VTW, Chow WL, Lim J, Tong SC, Kee TYS, Madhavan K

Analyst SingHealth Centre for Health Services Research Is simultaneous pancreas kidney transplant the most cost-effective treatment for Type 1 diabetes patients with renal failure? A cost-utility analysis

Partners in Academic Medicine



Members of the SingHealth Group















National Neuroscience Institute



Singapore National Eye Centre



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## Introduction

## Introduction

≻Pancreas transplant for type I diabetes mellitus:

✓ improve quality of life <sup>1-3</sup>,

✓ cost-effective<sup>4</sup>,

✓ prolong survival<sup>5</sup>

✓ induce an insulin-independent normoglycemic state<sup>6</sup>

>Most widely applied in Type 1 diabetes with renal failure (IDDM-RF)

✓ simultaneous pancreas kidney transplant (SPK).

1. Milde FK, Hart LK, Zehr PS. Diabetes Care. 1995 Jan;18(1):93-5.

2. Kiebert GM, van Oosterhout EC, van Bronswijk H, Lemkes HH, Gooszen HG. Clin Transplant. 1994 Jun;8(3 Pt 1):239-45.

- 3. Ziaja J, Bozek-Pajak D, Kowalik A, Krol R, Cierpka L. Transplant Proc. 2009 Oct;41(8):3156-8.
- 4. Kiberd BA, Larson T. Transplantation. 2000 Oct 15;70(7):1121-7.

5. Smets YF, Westendorp RG, van der Pijl JW, de Charro FT, Ringers J, de Fijter JW, et al. 1999 Jun 5;353(9168):1915-9.

6. Sutherland DE, Gruessner RW, Gruessner AC. World J Surg. 2001 Apr;25(4):487-96.



## Introduction

Established & available in US & European centres

→ not available in Singapore

Singapore has a national liver and kidney transplant programme
 SPK is the next natural progression

➢Overseas studies<sup>1-2</sup> had proven that SPK is a cost-effective strategy➢no analysis done in the region.

Kiberd BA, Larson T. Transplantation. 2000 Oct 15;70(7):1121-7.
 Douzdjian V, Ferrara D, Silvestri G. Am J Kidney Dis. 1998 May;31(5):794-802





## to assess cost-effectiveness of SPK compared with other treatment strategies for IDDM-RF prior to establishment of a pancreas transplant programme in Singapore.



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#### **Model structure and assumptions**

>A decision analysis model was used.

➤Treatment strategies for IDDM-RF:

✓ Cadaveric kidney transplant (Ktx-CAD),

- ✓ Living donor kidney transplant (Ktx-LD),
- ✓ Simultaneous pancreas kidney transplant (SPK),✓ Dialysis.





≻Assumptions:

 $\checkmark$  all options are available to patients,

 ✓ transplantations are performed and managed according to standard techniques and immunosuppressive regimens.

≻The time horizon: 5 years

≻Perspective: healthcare provider.

Analyzed using TreeAge Pro software



#### **Probabilities**

>All patients and graft survival probabilities- - 5-year survival analyses

Exception: "Dies from operation or complication" --survival probability of 1 year.

≻All survival values -- Singapore Renal Registry data

➢ Exception: All SPK survival variables

 American data from the United Network for Organ Sharing and Scientific Registry of Transplant Recipients (OPTN/SRTR)

✓ no local data available



### **Health Outcomes**

≻Outcomes: Quality adjusted life year (QALY).

QALY: a measure of disease burden, including both the quality and the quality of life lived.

QALY for each treatment option were obtained from a overseas study\*
 Standard Gamble method
 based on a 5-year model

\*Douzdjian V, Ferrara D, Silvestri G. Am J Kidney Dis. 1998 May;31(5):794-802.



### **Cost analysis**

>Only direct medical costs were considered in this study.

➤Adjusted to 2010 values

>health care component of the Singapore Consumer Price Index.

We adopted a 3% annual discount rate for all future costs
which converted values that would occur in the future to their present values.



≻All cost components were based on the actual patients' data locally.

Exception: All SPK related costs were based on expert opinion of a local surgical team

✓ 1st year SPK transplant cost--40%✓ annual follow-up cost--15%

higher than the cadaveric kidney transplant



### **Cost-utility analysis**

Cost-effectiveness: Cost-utility ratio (CUR, i.e., Cost per QALY gained)

Incremental cost-utility ratio (ICUR) was also calculated versus the least

costly strategy.

ICUR <sub>A vs. B</sub> = Cost A – Cost B QALY gained for A – QALY gained for B

≻WHO guidelines:

- ✓ ICUR below 1 GDP per capita highly cost-effective
- ✓ < 3 times GDP per capita **cost-effective**

\*GDP per capita for Singapore 2010= SGD59,813 (USD48,382)



### **Sensitivity analysis**

Sensitivity analyses were performed to evaluate the impact of uncertainties around key variables.

➤Survival variables

variations: 95% CI (Singapore Renal Registry)

➢SPK survival variables,

Variations: ±15% of the baseline values (the OPTN data)

higher level of uncertainty as no local data available.



### **Sensitivity analysis**

➤Cost variables

•Variations:  $\pm$  20% of baseline values.

≻QALY:

•Variations:  $\pm$  1 Standard deviation

Previous study\*

\*Douzdjian V, Ferrara D, Silvestri G. Am J Kidney Dis. 1998 May;31(5):794-802.





#### **Baseline analysis**

Treatment option	Cost, SGD	QALY	Cost-utility ratio, SGD	ICUR (vs dialysis), SGD
Dialysis	116,777	0.68	171,227	NA
Cadaveric kidney transplant, Ktx-CAD	192,602	2.21	87,203	Dominated
Living donor kidney transplant, KD-LD	201,900	2.78	72,702	40,630
Simultaneous pancreas kidney transplant, SPK	251,099	3.21	78,335	53,091

#### 1 USD = SGD1.24





#### Figure 1: Cost-utility analysis for IDDM-RF treatment strategies



#### **Baseline analysis**

1 USD = SGD1.24

Treatment option	Cost, SGD	QALY	Cost-utility ratio, SGD	ICUR (vs dialysis), SGD		
Dialysis	116,777	0.68	171,227	NA		
Cadaveric kidney transplant, Ktx-CAD)	192,602	2.21	87,203	Dominated		
Living donor kidney transplant, KD-LD	highly	40,630				
Simultaneous pancreas kidney transplant, SPK						

\*GDP per capita for Singapore 2010= SGD59,813 (USD48,382)







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#### Sensitivity Analysis on QALY (dialysis free, insulin dependent state)



QALY for the dialysis-free, insulin dependent state falls < 2.7</li>
 vs 3.0 used in the baseline





1<sup>st</sup> year SPK transplant cost is only 20% higher than the KA-CAD cost
 vs 40% higher than the Ktx-CAD used in the baseline



# Conclusions

### Conclusions

Both Ktx-LD and SPK are highly cost-effective strategies in the treatment of IDDM-RF.

**Ktx-LD** is the most cost-effective strategy in the baseline analysis.

SPK is potentially the most cost-effective strategy in the sensitivity analyses :

✓10% increase in SPK kidney graft survival

✓12% increase in SPK patient survival

✓QALY for the dialysis-free, insulin dependent state falls <10 %

Reasonable within the sensitivity analyses ranges and achievable



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